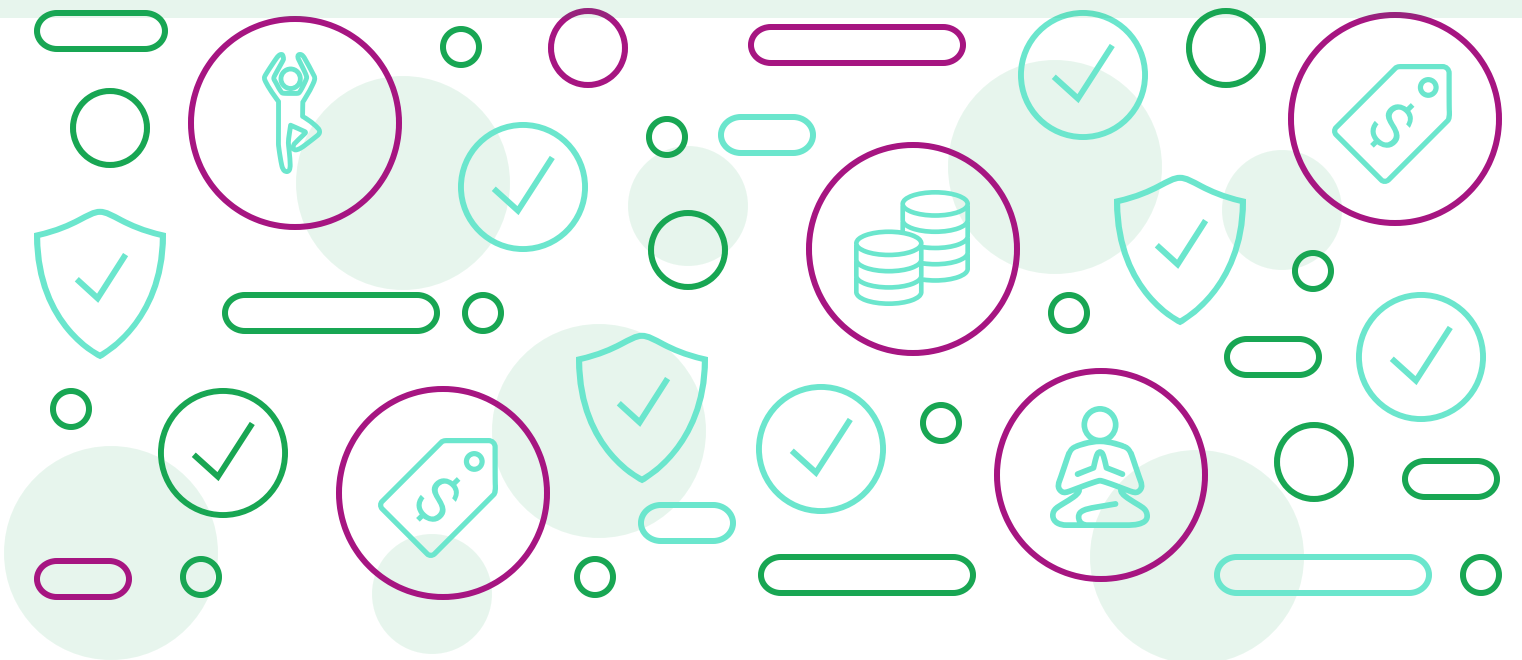




# The Heal You Token

Bridging the Gap between Budgets and a Better Life.





# THE HEAL YOU TOKEN



## Introduction

The Heal You Network Token is an ERC-20 token that powers The Heal You Network, a “one-stop shop” for anyone wanting to focus on holistic mental health.

The Heal You Token offers a financial gateway between patients and professionals in the holistic mental healthcare field by addressing payment limitations found within medical insurance.

## About The Heal You Token

The Heal You Token aims to address payment limitations found in medical insurance for holistic alternative healthcare through functionalities found only in The Heal You Network’s app. Payment limitations such as fully paid holistic alternative healthcare provider visits, access to high quality holistic alternative healthcare professionals, receipt reimbursements of items purchased for treatments, medical supply discounts and personal care customization.

In the Heal You Network’s app, users will be able to circulate The Heal You Tokens in storefront locations centered around health, among each other as gifts, exchange for services or products and scheduled appointments with specific therapists and caregivers etc.

Some Alternative Health Care Fields that will be covered are:

**Alternative Therapy, Midwifery, Life Coaching, Massage Therapy, Cosmetology, Yoga, Physical Therapy etc.**

## Why The Heal You Token is Needed

In 2019, 73.7% of uninsured adults said that they were uninsured because the cost of coverage was too high or did not cover the treatments they needed. Additionally, undocumented immigrants are ineligible for Medicaid or Marketplace coverage, leaving them unable to get the care that they need.

Studies repeatedly demonstrate that uninsured people are less likely than those with insurance to receive preventive care and services for major mental health conditions and diseases.

The uninsured often face unaffordable treatment bills when they do seek care. In 2019, uninsured non-elderly adults were over twice as likely as those with private coverage to have had problems paying treatment related bills in the past 12 months.

These bills quickly translate into debt.

The Heal You Token offers financial relief and options for individuals in this predicament.

## How will the Heal You Network App function?

To gain access to The Heal You Network's app, an individual must have a token.

Once a token is obtained, the Token Holder can then download The Heal You Network's app onto their device and immediately begin using our services.

The Heal You Network App functions via Heal The Heal You Network Tokens. Token holders can gain access to functionalities including: requesting a session with a particular therapist, discounts on medical supplies, receipt reimbursements, additional public profile customization and extended therapy, meditation, breathing and yoga sessions, niche chat-rooms, forums, group therapy, and more.

## **Implementation of The Heal You Network App**

There will be tokens set aside for the owners, executive board members, initial professional team, organized promotional giveaways, corporate partnerships and partnered organizations.

The Implementation of the Heal You Token will occur in four phases:

**Phase I - The Direct Sale to our Voting Partners (The Human Touch)**

**Phase II - The Direct Sale of The Heal You Network Token**

**Phase III - The Synergy**

**Phase IV - The ICO**

\*We have attached a flow chart of details for the phases of The Heal You Token\*

Individuals can begin registering for updates and details about The Heal You Network Token, the ICO and the app's launch by subscribing to our newsletter at [www.HealYouMD.com](http://www.HealYouMD.com).

For more information about the Heal You Token, request the FULL white papers.

Phases of

# The Heal You Network App



## Phase



### The Direct Sale to our Voting Partners (The Human Touch)

The Heal You Network Token will be available for purchase to anyone who would like to influence the direction of decisions. Each Token counts as one vote. The more tokens held by an individual, the more opportunities they will have to cast a vote.

Each participant will be required to complete a registration and provide their public wallet address before Tokens are distributed.

## Phase



### The Direct Sale of The Heal You Network Token

The Heal You Network Token will be available for direct sale purchase at a price set by our Voting Partners. The direct sale of The Heal You Network Token will only be available through The Heal You Network channels and can only be purchased using cryptocurrency.

In this phase, the IT-specialists will create the fully-functioning Beta version of The Heal You Network app.

## Phase



### The Synergy

All professionals will be equipped with uniformed attire to increase brand recognition and build communal trust.

Leases for storefronts will be established to offer additional options for in-person treatments, further increase brand recognition, drive client participation, and offer products/services from vendors and sponsors.

## Phase



### The ICO

The Heal You Network Token's anticipated ICO date will be announced to our Voting Partners, members of the platform and then the general public.

Everyone can participate in the ICO.

After the ICO's conclusion, future clients will gain access to the finalized app by "invite-only" or until expansion of the company.

For more details on each phase, please request a FULL copy of the white papers.